



YOUR SCHOOL COLD LUNCH MENU



A balanced selection
of carbohydrates,
protein, fresh fruits
and vegetables.

MONDAY

Tomato pasta pot

TUESDAY

Ham sandwiches

WEDNESDAY

Cheese
sandwiches

THURSDAY

Tuna Sandwiches

FRIDAY

Tomato pasta pot

FISH FROM WELL-MANAGED
AND SUSTAINABLE SOURCES



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COMPLETELY

NUT
FREE