

WEEK 1

YOUR SCHOOL MENU

APRIL – OCTOBER 2024



Hampshire
County Council

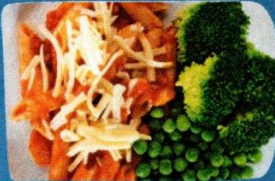
Education Catering

Fresh vegetables will change seasonally and may not be shown in the photo.

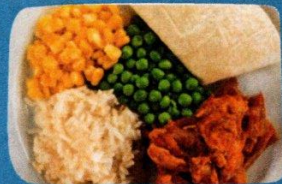
MONDAY

CHOOSE FROM

Tomato pasta



Chicken fajita with a blend of brown and white rice



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Freshly baked chocolate shortbread biscuit

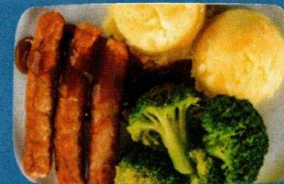
TUESDAY

CHOOSE FROM

Sweet potato and lentil curry with a blend of brown and white rice



Pork sausages with mashed potato and gravy



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Fruit and jelly

WEDNESDAY

CHOOSE FROM

Handmade margherita pizza



Bubble salmon with crinkle cut wedges



ON THE SIDE
Vegetables of the day or salad

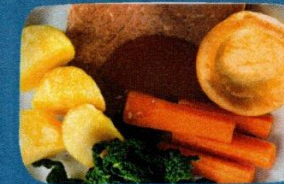
TO FINISH
Banana cake

CHOOSE FROM

Vg Vegetable goujon and sliced potatoes



Sliced beef and Yorkshire pudding



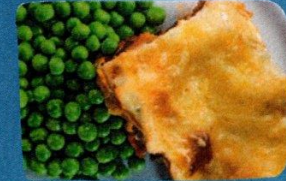
ON THE SIDE
Vegetables of the day, roast potatoes and gravy

TO FINISH
Chocolate sponge cake

FRIDAY

CHOOSE FROM

Roasted vegetable lasagne



Baked omega 3 fillet fish fingers and chips



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Jam and coconut sponge cake

FRESH
FRUIT SALAD
SERVED
EVERY DAY

Vegan
 Vegetarian
 Contains plant power

FOOD TO
FLOURISH®

WEEK STARTING:

April 15, May 6, June 3, June 24, July 15,
September 9, September 30, October 21



All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

www.hants.gov.uk/hc3s

WEEK 2

YOUR SCHOOL MENU

APRIL – OCTOBER 2024



Hampshire
County Council

Education Catering

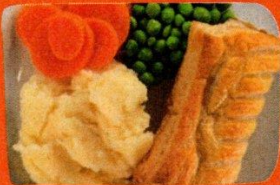
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MEAT-FREE

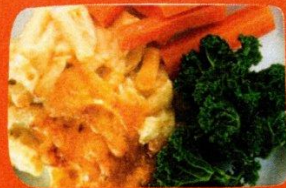
MONDAY

CHOOSE FROM

Vegetarian sausage roll with mashed potato



Macaroni cheese with Somerset cheddar



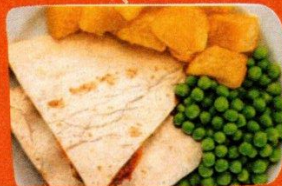
ON THE SIDE
Vegetables of the day or salad

TO FINISH
Freshly baked shortbread biscuit

TUESDAY

CHOOSE FROM

Somerset cheddar cheese and tomato quesadilla with diced potatoes



Chicken Katsu curry with a blend of brown and white rice



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Fresh fruit wedges

WEDNESDAY

CHOOSE FROM

Handmade margherita pizza



Ham carbonara with penne pasta



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Apple sponge cake

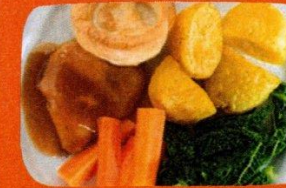
THURSDAY

CHOOSE FROM

Quorn and leek crown



Roast chicken and Yorkshire pudding



ON THE SIDE
Vegetables of the day, roast potatoes and gravy

TO FINISH
Marble sponge cake

FRIDAY

CHOOSE FROM

Plant-based burger in a bap with cheese and chips



Baked omega 3 fillet fish fingers and chips



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Chocolate brownie

FRESH
FRUIT SALAD
SERVED
EVERY DAY

Vegan
 Vegetarian
 Contains plant power

FOOD TO
FLOURISH®

WEEK STARTING:

April 22, May 13, June 10, July 1, July 22,
September 16, October 7



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WEEK 3

YOUR SCHOOL MENU APRIL – OCTOBER 2024



Hampshire
County Council

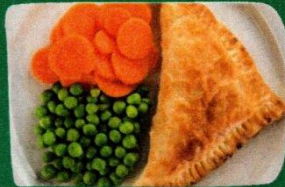
Education Catering

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MONDAY

CHOOSE FROM

Somerset cheddar cheese, onion and potato pasty



Chicken nuggets with diced potatoes



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Freshly baked marble shortbread biscuit

TUESDAY

CHOOSE FROM

Plant-based sausage hot dog with diced potatoes



Chicken curry with a blend of brown and white rice



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Apple crumble

WEDNESDAY

CHOOSE FROM

Handmade margherita pizza



Beef Bolognese pasta bake



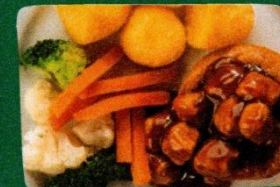
ON THE SIDE
Vegetables of the day or salad

TO FINISH
Chocolate banana cake

THURSDAY

CHOOSE FROM

Quorn pieces in a Yorkshire pudding



Sliced gammon and Yorkshire pudding



ON THE SIDE
Vegetables of the day, roast potatoes and gravy

TO FINISH
Lemon drizzle cake

FRIDAY

CHOOSE FROM

Tomato pasta



Baked omega 3 fillet fish fingers and chips



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Flapjack

Contains plant power

Vegetarian

Vegan



FOOD TO FLOURISH

WEEK STARTING:

April 29, May 20, June 17, July 8, September 2,
September 23, October 14



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